



February 2023

EAST ELEMENTARY SCHOOL LUNCH MENU

SERVED DAILY
WITH EVERY
MEAL

**Fruits &
Vegetables
Choices:**

Apples, Oranges,
Bananas, Fruit Cups,
100% Fruit Juice
Baby Carrots Celery
Sticks

Milk Choices:

1% Plain Fat Free Fat
Free Chocolate
Whole Grain Bread,
Roll, or Crackers

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

**Menus are subject
change.**

Due to continued
manufacturing issues,
there may be substitutes
on occasion. We
apologize in advance for
any inconvenience

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

To make a complete meal, students must select foods from at least 3 different food groups with one of the items being a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only ½ c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.

		CHICKEN TENDERS Grilled Cheese Chicken Caesar Salad Baked Tater Tots Fresh Vegetable	Early Dismissal	Early Dismissal
			Bag Lunch Available	Bag Lunch Available
WARM HAM & CHEESE ON PRETZEL ROLL Chicken Patty On a Roll Turkey & Cheese Sub Baked Beans Mixed Fruit	FRENCH TOAST STICKS WITH SAUSAGE BBQ Riblet On a Roll Ham & Cheese Sandwich Baked Tater Tots Applesauce	CHICKEN PATTY ON A ROLL Cheeseburger Chicken Caesar Salad Green Beans Fresh Fruit	WALKING TACO Hot Dog On a Roll Turkey & Cheese Sandwich Golden Corn Fruit	CHICKEN NUGGETS Bread Slice Cheese Pizza Ham & Cheese Wrap Sliced Carrots Diced Pears
CHICKEN PATTY ON A ROLL Cheese Breadsticks W/Sc. Turkey & Cheese Sandwich Baked Beans Fresh Vegetable Fresh Fruit	FISH STICKS W/ROLL Popcorn Chicken w/Roll Turkey & Cheese Sandwich Sliced Carrots Fresh Vegetable Fruit	CHICKEN NUGGETS With Bread Slice Hot Dog On a Roll American Chef Salad Baked Beans Fresh Vegetable Fruit	BEEF NACHOS Cheeseburger Ham & Cheese Sandwich Golden Corn Fresh Vegetable Fruit	CHEESE PIZZA Mini Corn Dog Turkey & Cheese Wrap Green Beans Fresh Vegetable Fruit
PRESIDENTS DAY	MEATBALL SUB CHICKEN NUGGETS Bread Turkey & Cheese Sandwich Green Beans Fresh Vegetable	Fish Sticks w/Roll Hot Dog on a Bun Diced Chicken & Cheese Salad Steamed Carrots Fresh Vegetable Fruit	CHICKEN NUGGETS With Bread Slice BBQ Riblet on a Roll Ham & Cheese Sandwich Golden Corn Fresh Vegetable	PEPPERONI PIZZA Fish Sticks w/Roll Ham & Ch. Wrap Hot Vegetable Fruit
PEPPERONI AND CHEESE STICK Cheeseburger Turkey & Cheese Sub Baked Tater Tots Fresh Vegetable Fruit	POPCORN CHICKEN BITES w/ Bread Hot Dog Ham & Cheese Sandwich Baked Beans Fresh Vegetable Fruit			



This institution is an equal opportunity providers